

Review of Systems and Patient Medical History

Printed Patient Name: _____ Date _____
Printed Parent/Legal Guardian Name: _____ Relationship: _____

Please check appropriate response if the patient currently has or has had in the past any problems related to the following systems. Complete all other questions with up to date and appropriate answers.

General History

- Height or weight change
- Fever/chills/night sweats
- Anemia/bleeding/bruising
- Malaise/fatigue/weakness
- Cancer diagnoses

Cardiovascular System

- Shortness of breath/chest pain
- High blood pressure/heart disease

Respiratory System

- Difficulty in breathing
- Coughing/wheezing/asthma
- Lung Infection/disease
- Cigarette/cigar/pipe/chew
- Never smoked
- Current use of chew
- Former smoker
- Current smoker
- Started in ____ (year)
- Quit in ____ (year)
____ packs per
 day or week

Skin/Hair/Nails

- Change in skin/rashes/itching
- Skin growths/lesions/cancer
- Change in hair quality/growth
- Change in nails (finger/toe)

Endocrine System

- Heat/cold intolerance/diabetes
- Thyroid Problems/irradiation
- Blurred/double vision
- Ringing in ears/ear symptoms
- Nose or sinus symptoms

Abdomen

- Abdomen pain
- Abdominal swelling or distension
- Jaundice
- Abdominal aortic aneurysm
- Appendicitis

Gastrointestinal System

- Change in appetite/food tolerance
- Nausea/vomiting/vomit blood
- Indigestion/heartburn/ulcer
- Stomach or abdomen symptoms
- Change in stool/color/etc.

Urinary System

- Frequent/painful/night urination
- Difficulty starting/holding urine
- Flank/kidney/pelvic pain
- Urinary tract infections

Breast

- Bumps/lumps/dimples
- Pain/tenderness/discharge

- Change in color/size/shape

Reproductive System

- Genital infection/sores/pain
- Sexually transmitted infection

Female Patients

- 1st period _____ age: _____
- PMS symptoms
- First date of last cycle _____
- Non-period bleeding/spotting
- Date of last Pap smear _____
- Date of last Mammogram _____

Neurologic System

- Headaches/dizziness
- Seizures/ticks/spasm/tremor
- Weakness/numbness/tingling

Psychological History

- Anxiety/nervousness/stress
- Psychologic diagnoses
- Depression

Musculoskeletal System

- Joint pain/swelling
- Muscle cramps/weakness/wasting
- Neck pain/back pain
- Arm pain/leg pain
- Fractures/dislocations/sprains
- Arthritis/ Auto-immune disorder
- Other accident/injury/disability

Surgical/Hospitalization History (Please List What Type, When and Where)

Spinal Surgery No Yes | Year _____ Facility _____

Neck Surgery No Yes | Year _____ Facility _____

List All Surgeries

- _____ Year _____ Facility _____
- _____ Year _____ Facility _____

Allergies to Medications Yes No known allergies

- Medication: _____ Reaction: _____
- Medication: _____ Reaction: _____
- Medication: _____ Reaction: _____
- Medication: _____ Reaction: _____
- Medication: _____ Reaction: _____

Allergies to Food, Other Factors, Supplements and/or Herbs. None Yes, If Yes, please check any listed below that applies:

- | | | | |
|------------------------------------|----------------------------------|------------------------------------|---|
| <input type="checkbox"/> Eggs | <input type="checkbox"/> Wheat | <input type="checkbox"/> Tree Nuts | <input type="checkbox"/> Latex |
| <input type="checkbox"/> Banana | <input type="checkbox"/> Soy | <input type="checkbox"/> Dander | <input type="checkbox"/> Insects Stings |
| <input type="checkbox"/> Gluten | <input type="checkbox"/> Peanuts | <input type="checkbox"/> Pollen | <input type="checkbox"/> Mold |
| <input type="checkbox"/> Shellfish | <input type="checkbox"/> Milk | <input type="checkbox"/> Pets | <input type="checkbox"/> Other _____ |

List medication(s), vitamins, supplements, the purpose and the dosage you are currently taking.

If you have a list of your medications, please give it to the office staff to make copy for your medical records.

A. Prescription Medications

- _____
- _____
- _____

The Purpose and the Dosage of the medication.

- _____
- _____
- _____

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B. Non-prescription medications The purpose and dosage: _____

C. Vitamin or Supplement Use _____

Date of most recent screenings

- 1. Physical Exam Year _____
- 2. Blood/Urine Test Year _____
- 3. Mammogram Year _____
- 4. Colonoscopy Year _____
- 5. Prostate Year _____
- 6. Cardiac Stress test Year _____
- 7. Bone Density Year _____
- 8. Ultrasound Year _____
- 9. Imaging X-ray Year _____
 MRI Year _____
 CT Year _____
- 10. Other – Specify: _____

History of Trauma

- 1. Yes NO | Car Accident , Year _____ Injured area _____
- 2. Yes NO | Work Injury , Year _____ Injured area _____
- 3. Yes NO | Broken Bones, Year _____ Injured area _____
- 4. Yes NO | Sport Injury , Year _____ Injured area _____
- 5. Yes NO | Head Trauma, Year _____ Injured area _____
- 6. Yes NO | Major Fall , Year _____ Injured area _____

Social History / Health Habits

- Do you drink Energy Drinks? Yes No Caffeinated Decaf How much per day? _____ Cup(s) Regular Diet
- Do you drink Soda? Yes No Caffeinated Decaf How much per day? _____ Cup(s) Regular Diet
- Do you drink Coffee? Yes No Caffeinated Decaf How much per day? _____ Cup(s)
- Do you drink Water? Yes No | How much? _____ oz How much per day? _____ Glass(es)
- Do you drink Alcohol? Yes No | How much? _____ How often? _____
- Recreational Drug Use Yes No | How often? _____
- Do you Exercise? Yes No | What type/how long / how often? _____

FAMILY HISTORY Fill in health information about your family (father, mother, siblings, and grandparents).

Adopted? Yes

| Relation | Age | State of Health | Age of Death | Cause of Death | X if, your blood relatives had any of the following Disease | Relationship |
|----------------------|-----|-----------------|--------------|-----------------------|---|--------------|
| Father | | | | | Arthritis, rheumatoid arthritis | |
| Mother | | | | | Cancer (type) | |
| Brother(s) | | | | | Diabetes | |
| | | | | | Heart Disease, Strokes | |
| | | | | | High Blood Pressure | |
| Sister(s) | | | | | Kidney Disease | |
| | | | | | High cholesterol | |
| | | | | | Arthritis, rheumatoid arthritis | |
| Maternal Grandfather | | | | Multiple Sclerosis | | |
| Maternal Grandmother | | | | Depression | | |
| Paternal Grandfather | | | | Autoimmune Disorders | | |
| Paternal Grandmother | | | | Psychologic diagnoses | | |

I do hereby attest that all information completed on this form is true, accurate and completed to the best of my knowledge.

Patient Signature _____ Date _____

Parent / Legal Guardian _____ Date _____

Intern Signature _____ Date _____

Clinician Signature _____ Date _____